Vine Replacement Tool Worksheet

Let’s start by considering a model that might give us the ability to think about our personal history reality in a structured/organized way. I have a model that works for me, but you may need to develop your own model that works for you since each of our mental “wiring” is a little different from anyone else’s.

We will learn more about this model as we complete this Worksheet.

Please complete Step 1 now:

**Step 1:** Think of a past uncomfortable event that continues to come to mind occasionally during your quiet remembering times. Write it down and label it “History A”.

When I think of my “History A”, I think of it as part of a poisonous vine. It has both roots and branches. The vine roots start at, or sometimes even before, the remembered event. As time goes on, the vine may have attached itself to other events of the same type/flavor; and also grown unattached between these events. I call these the “places and traces” of this vine.

This “vine” is my mental picture of a growth that has been planted, nurtured, and maintained by agents of the kingdom of darkness. The model you choose needs to be meaningful to you. My model is a vine. Another person chose a string of imperfect pearls as their model. Another chose a stream that had swamps connected to it. Another chose a song with some off-tune notes. Someone may choose a chain, or a garden with weeds. The point is; chose a model that is meaningful to you – that allows you to think about your history in a structured way.

**The historical events themselves are not part of the vine. Your own acts create the access point, and the additional “works” of the devil are part of the vine.**

At this time, please complete Step 2:

**Step 2:** What model would you prefer to use? Please record your preferred model here in a way that will help you remember it.

Now, please complete Step 3:

**Step 3:** Consider if you commonly or occasionally respond to events in the same way that you responded to your “History A” event. Record your response here.

[You might think about your response like you “keep going around the same mountain”, or “they keep pushing my button”.]

Whatever our model, we need to have some way of working with it. Here is my way. I call it my “Vine Replacement Tool (VRT)”. It may or may not work for you, so if it doesn’t, develop your own way of accomplishing the same results. **Before replacing it, however, please use it at least 7 times since brain science says that it takes between 7 and 12 repetitions for our brains to get used to a new process.**

Vine Replacement Tool

Each of the tool steps come directly from the Bible. Anchoring your process in the bible is the **most critical** foundation of whatever process you find workable.

Another important understanding: Be specific – down to the level of a specific vine. I have discovered multiple vines growing through my personal history. I was covered with them at one time. For me, anyway, it’s way too confusing to try to chop down a whole jungle all at once. I also don’t attempt to recognize all the details of a specific vine. I trust Jesus to deal with the total detail organization.

Also, recognize that a vine may become visible more than one time (it may not be destroyed/removed immediately). Keep putting it through your replacement tool each time it becomes visible (a vine could be thick and tough; Jesus may enjoy removing it slowly in order to develop a more intimate relationship with you while the two of you together get it replaced; it may actually be another vine that just has a similar appearance to the first vine).

Use the following tool to and reclaim the places of access, and remove the kingdom of darkness influence/leverage by getting rid of the vine. Then give those places to the Holy Spirit, and get healed up.

Vine Replacement Tool (VRT)

1. Reclaim the places owned by the Devil. If you haven’t yet done so, confess (freely admit) the sin that gives the vine a place to put in roots. (1 John 1:9 **…**If we confess our sins, he isfaithful and just to forgive us our sins)
2. Ask Jesus to totally destroy the vine. (1John 3:8 … The reason the Son of God appeared wasto destroy the works of the devil...)
3. Ask Jesus to cleanse/purify the places and traces previously occupied by the destroyed vine. (1 John 1:7 **…**the blood of Jesus his Son cleanses us from all sin…)
4. Ask Jesus to fill the places and traces of the vine with His righteousness. (Rom 5:17 … If, because of one man's trespass, death reigned through that one man, much more will those who receive the abundance of grace and the free gift of righteousnessreign in life through the one man Jesus Christ…)
5. Ask the Holy Spirit to extend his dwelling space to include the area that was once filled with the vine, and to write His word there. (1Cor 6:19 … your body is a temple of the Holy Spirit within you,…); (Eph 5:18… be [continuingly] filled [to the brim] with the Spirit,…); (Jer 31:33…" I will put my law within them, and I will write iton their hearts” ….)
6. Formally [before your heavenly Father] forgive all the misdeeds by any of the agents of the kingdom of darkness done in order to maintain the vine. (Matt 6:14…For if you forgive others their trespasses, your heavenly Father will also forgive you,...)
7. Ask your heavenly Father to bring every person involved in the misdeeds into salvation. (John 6:44 [Jesus said] …No one can come to me unless the Father who sent medraws [drags] him...)