

## C. TEACHINGS – BELIEFS

### 1. TEACH ABOUT UGBs

#### TEACHING INFORMATION UNGODLY BELIEFS

##### DEFINITION OF, AND INFORMATION ABOUT, UGBs

UGBs are:

- beliefs, decisions, attitudes, agreements, judgments, expectations, vows, and oaths that do not agree with God's Word, His nature, or character.
- lies that we have believed, usually since childhood, about ourselves, others, and God.
- formed from hurts, traumas, negative experiences, and negative words people said to us.

##### BIBLICAL REFERENCES

*Romans 12:2* – “And do not be conformed to this world, but be transformed by the renewing of your mind, ...”

*Mark 11:22-24* – “... anyone ... does not doubt in their heart but believes that what they say will happen, it will be done for them.” NIV

##### RESULTS OF UGBS

*(Choose in advance 2-3 examples most related to the Receiver's life.)*

1. Restrict us to unhappy relationships.
2. Cause us to justify our own sinful behavior.
3. Cause us to take everything personally.
4. Trap us so that we don't fulfill our destiny.
5. Cause our faith to be eroded.
6. Cause us to hurt and defile those we love.
7. Undermine our relationship with God.
8. Cause us to live with negative expectations of life.
9. Cause us to expect lack, failure and mistreatment by others.
10. Cause us to have worry and fear about every new experience.
11. Cause distortions so that we make 'mountains out of mole hills'.
12. Cause us to be a target of put-downs, sarcasm, anger or other unhealthy patterns of relating.
13. Cause us to try to look for significance in places other than God: e.g., money, work, sexual exploits, children, etc.
14. Cause us to have emotional pain.
15. Cause us to open the doors to demonic oppression as we agree with lies.

##### BELIEF SYSTEM FACT

- Our UGBs are an agreement with the kingdom of darkness, the father of lies. We are hindered in knowing and doing God's will by our UGBs. As our minds are renewed, we can both know and do God's will to a much greater degree.
- A person's behavior is determined by his belief system. He may tell you what he thinks he believes, but his behavior will tell you what he really believes.
- UGB ministry is not about behavior modification. It's about renewing our mind with GBs, which changes our belief system, which results in changed behavior.

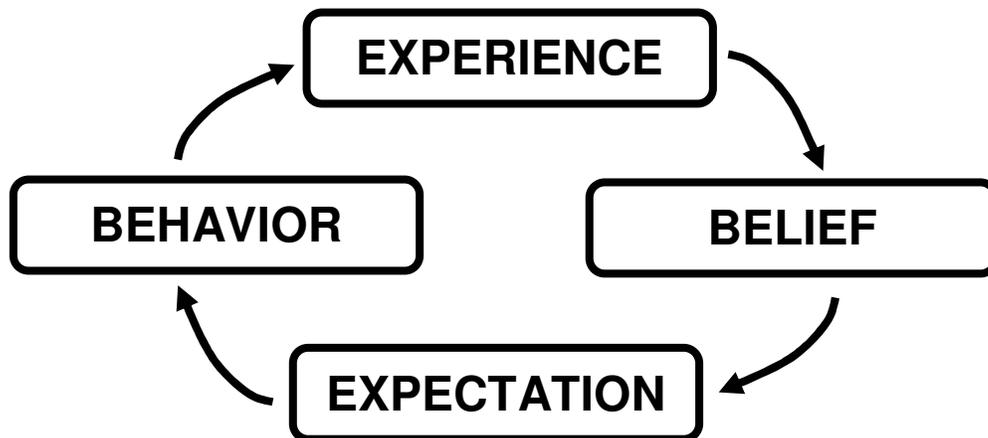
## 2. TEACH ABOUT THE BELIEF-EXPECTATION CYCLE

- a. Give the Receiver the Belief-Expectation Cycle/Facts VS Truth Diagram.
- b. Teach the Belief-Expectation Cycle to your Receiver.
- c. Go over the Belief-Expectation Cycle again, illustrating it with an example from the Receiver's life.
  - *(Show the Receiver how this cycle began early in his life and how it is still active today.)*

### TEACHING INFORMATION BELIEF-EXPECTATION CYCLE

#### THE DYNAMICS OF THE BELIEF-EXPECTATION CYCLE

- Beliefs are formed out of **Experiences**.
- These **Beliefs** lead to expectations that similar things will happen to us.
- These **Expectations** shape our behavior, and affect the behavior of other people.
- These **Behaviors** lead to repeated experiences that continue to confirm and reinforce our Beliefs.
- If our experiences are negative, they can lead to Ungodly Beliefs, unrealistic expectations of life, and negative behavior.
- When UGBs are replaced with Godly Beliefs, the same process leads to Godly expectations of life and Godly behavior. The cycle becomes a cycle of life!



#### THE POWER OF THE BELIEF-EXPECTATION CYCLE

- This cycle can be either negative or positive.
- This cycle, when negative, traps a person into a steadily, worsening spiral of self-destruction.
- This cycle, when properly dealt with by changing UGBs to GBs, becomes positive, causing the expectations and behavior to also become positive, freeing the person into a steadily, improving spiral of Spirit led life.

### 3. TEACH ABOUT FACTS VS TRUTH

- This information is included on Receiver’s handout with Belief-Expectation Cycle Diagram.
- Show how Facts vs. Truth relate to the Belief-Expectation Cycle, especially when forming new GBs.

